Women's 3000m Race Walk 2/24/2017

	Meters	200	400	600	800	1000	1200	1400	1600	1800	2000	2200	2400	2600	2800	3000
Name	Hip#/ Laps to Go	14	13	12	11	10	9	8	7	6	5	4	3	2	1	0
Katie Burnett		:53	1:47	2:41	3'35	4'31	5'25	6'20	7'13	8'09	9'02	9'57	10'53	11'47	12'42	13'37"33
	Meters	**200**	**400**	**600**	**800**	**1000**	**1200**	**1400**	**1600**	**1800**	**2000**	**2200**	**2400**	**2600**	**2800**	**3000**
Name	Hip#/ Laps to Go	14	13	12	11	10	9	8	7	6	5	4	3	2	1	0
Emily Angell		1:16	2:36	3'53	5'10	6'27	7'47	9'02	10'37	12'09	13'35	14'45	16'09	17'36	18'57	20'24

Women's 3000m Race Walk 2/24/2017

	Meters	200	400	600	800	1000	1200	1400	1600	1800	2000	2200	2400	2600	2800	3000
Name	Hip#/ Laps to Go	14	13	12	11	10	9	8	7	6	5	4	3	2	1	0
Quinci Cox		1'20	2'44	4:08	5:35	7:04	8:35	10:07	11:38	13:09	14:21	15:53	17:24	18:54	20:33	21:55
	Meters	**200**	**400**	**600**	**800**	**1000**	**1200**	**1400**	**1600**	**1800**	**2000**	**2200**	**2400**	**2600**	**2800**	**3000**
Name	Hip#/ Laps to Go	14	13	12	11	10	9	8	7	6	5	4	3	2	1	0