



**2018 RWCSL Summer Racewalk Duet**  
**Saturday Aug. 11, 5K**  
**Sunday Aug. 19, 10K**  
**Tower Grove Park Turkish Pavilion**

**Date & Time:** Saturday, August 11 - 8:00 a.m. **5K Ozark Open/Masters Championship**  
Sunday, August 19 - 8:00 a.m. **10K**

**Registration form for the August Duet races must be submitted by Aug. 4. NO REGISTRATION FORMS WILL BE ACCEPTED ON THE DAY OF RACE.**

**Place:** Turkish Pavilion on Center Cross Drive in Tower Grove Park. Route is between Center Cross Drive and Grand Avenue on paved paths and streets closed to traffic.(see attached map)

**Fee:** \$4 for both to RWCSL members, \$2 per event separately.  
\$20 for non-members, \$10 per event.

Medals will be given to RWCSL members who complete the Ozark Association Championship race in order of finish in the following categories: Open men/Open women and in 5 year age groups.

**For information, contact:**

Lorraine Ramonczuk  
(314) 229-4742  
[ramonczuk@sbcglobal.net](mailto:ramonczuk@sbcglobal.net)

**Entry Form**

Make checks payable to the Racewalkers' Club of St. Louis (RWCSL). Send entry fee and entry form to: Sue Turner, 338 Melville, University City, MO 63130 or bring to first event.

Please fill out the following:

Name \_\_\_\_\_ Birthdate \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ USATF# \_\_\_\_\_ E-mail \_\_\_\_\_

**Waiver:**

I acknowledge that there are certain risks inherent in athletics competition, and I freely accept those risks. In consideration of being accepted, I, intending to be legally bound, for myself, my heirs, executors and administrators, waive, release and forever discharge any and all rights and claims for damages which I may have or which may hereafter accrue to me against the Racewalkers' Club of St. Louis, USA Track and Field, USATF Ozark Association, and their officers, agents, successors, and/or assigns for any and all damages which may be sustained or suffered by me in connection with my association with or entry in, or arising out of my traveling to, participating in and returning from said competition. I further attest that I am physically fit and have trained for competition in the event(s) I have entered.

\_\_\_\_\_  
Signature of athlete

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of parent and/or legal guardian if athlete is under 18

