



2017 Open/Masters 5,000m & 10,000m Indoor Race Walk Ozark Association Championship Open/Masters 3,000m Indoor Race Walk)

Host Club: Racewalker's Club of St. Louis (RWCSL)
Date: Saturday, November 11, 2017
Place: Coach Crafton Athletic Center, Principia College • 1 Maybeck Place • Elsa, IL 62028
Distance: 3,000m, 5,000m and 10,000m
Time: 2:00 p.m. (Track will close at 3:00 p.m.)
Registration: Only hardcopy registrations will be accepted.
Fees: \$5.00 if the Registration is received by Noon, November 9, 2017 (Thursday)
\$10.00 if the Registration is received **after** Noon, November 9, 2017 (Thursday)

Race Information:

- All competitors need to be checked in by 1:30 p.m., November 11, 2017.
- Track will be open for warm up from 1:30 p.m. to 2:00 p.m.
- There will be hand timing
- There will be lap counters
- Race is athlete identified as Open or Master
- In accordance with USATF Rule 232.3.(b) each competitor must declare on the entry form which distance is being entered when multiple distances are be contested and times for other distances are valid only if the competitor finishes the distance entered. (If you enter for 10,000m and do not complete the race you will NOT be given credit for completing any races of a shorter distance).
- Anyone who has not completed the race for which they entered by 12:00 p.m. will be taken off the track and will be shown as DNF- Did Not Finish).

For Information, contact:

Patricia Hanna • (314) 808-2728 • patriciahannah@sbcglobal.net

Entry Form:

Make checks payable to the **Racewalkers' Club of St. Louis (RWCSL)**.
Send entry fee and entry form to: **Robert Nichols, 3917 Regalway Dr., St. Louis, MO 63129**.
If you include your email address you will be notified when your entry form is received.

Please fill out the following:

The distance you are registering for: ____ 3,000m; ____ 5,000m or ____ 10,000m
Classification: ____ Open; ____ Master

Name _____ Birthdate _____

Address _____ City _____ State _____ Zip _____

Phone _____ USATF# _____ E-mail _____

Waiver:

I acknowledge that there are certain risks inherent in athletics competition, and I freely accept those risks. In consideration of being accepted, I, intending to be legally bound, for myself, my heirs, executors and administrators, waive, release and forever discharge any and all rights and claims for damages which I may have or which may hereafter accrue to me against Principia College, Racewalkers' Club of St. Louis, USA Track and Field, USATF Ozark Association, and their officers, agents, successors, and/or assigns for any and all damages which may be sustained or suffered by me in connection with my association with or entry in, or arising out of my traveling to, participating in and returning from said competition. I further attest that I am physically fit and have trained for competition in the event(s) I have entered.

Signature of athlete

Date

Signature of parent and/or legal guardian if athlete is under 18